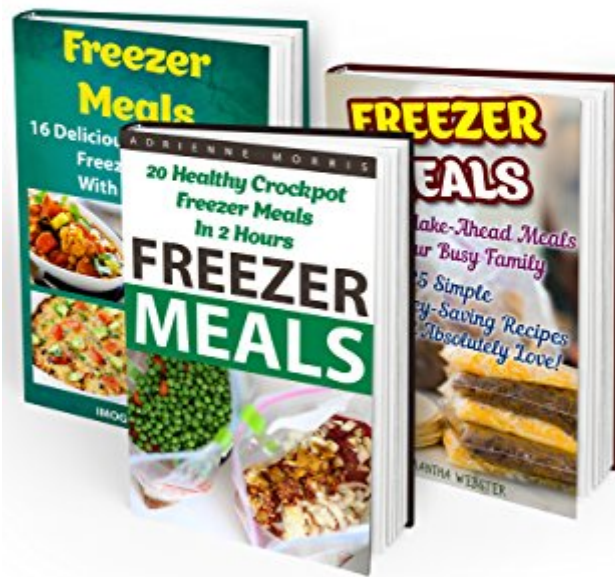


The book was found

Freezer Meals BOX SET 3 IN 1: 25 Simple And Money-Saving Recipes + 20 Healthy Crockpot Freezer Meals + 16 Delicious And Healthy Freezer Meals With No Meat: ... Cookbook For Two, Dump Dinners Cookbook)





Synopsis

Freezer Meals BOX SET 3 IN 1: 25 Simple And Money-Saving Recipes + 20 Healthy Crockpot Freezer Meals + 16 Delicious And Healthy Freezer Meals With No Meat

BOOK #1: Freezer Meals: 16 Delicious And Healthy Freezer Meals With No Meat

Reducing our meat consumption has many benefits. Meat (especially organic or higher welfare meats) can be expensive, there are some health risks associated with a high meat diet (particularly cured meats) and the use of land for animal rearing rather than arable farming has significant global implications. This book shows you how to cook delicious, straightforward meals which can be frozen in advance, saving you time and effort. It includes recipes for dishes such as:

- Breakfast blueberry pancakes
- Beetroot veggie burgers
- Chocolate chip cookies

With a little planning, you can stock your freezer with delicious, nutritious meals ready and waiting whenever you need them!

BOOK #2: Freezer Meals: 20 Healthy Crockpot Freezer Meals In 2 Hours

In this busy world that we live in, it is hard to find time to do the extra things, and even getting the normal day to day things done can be a challenge for many. Dinner happens to be one of those things. As many of us would like to be able to toss dinner on the table in a matter of minutes, it is hard to do. With work, errands, household chores, and every other things that manages to come up in a day, it is remarkable we are able to get anything done at all. Thank goodness for crockpots. These handy little things have been saving time and effort for years, and there are countless ways that you can use them, making it so easy to make them a part of your day, and free up the busier times of day later on. That is what this book is about. Offering 20 different crockpot recipes that will fit any budget, any schedule, and any kind of eater. These meals are:

- Healthy
- Easy
- Tasty
- Budget friendly
- Exciting
- And perfect for any occasion

BOOK #3: Freezer Meals: 30 Day Make-Ahead Meals For Your Busy Family. 25 Simple and Money Saving Recipes

You Will Absolutely Love!

If you're like a lot of people you spend a lot of time every day thinking about what you're going to feed your family. Yet, you're never really sure how you can go about making something that's going to be healthy (at least reasonably so), good tasting and quick (since no one has the time or energy to spend making meals for hours at a time. So what do you do? If you're like a lot of people you decide that quick is going to take preference over healthy (or maybe you're one of those really good parents that chooses healthy over quick). No matter what you choose you spend a lot of time attempting to figure out meals and that means you're not spending that time with your family. Download your E book "Freezer Meals BOX SET 3 IN 1: 25 Simple And Money-Saving Recipes + 20 Healthy Crockpot Freezer Meals + 16 Delicious And Healthy Freezer Meals With No Meat" by scrolling up and clicking "Buy Now with 1-Click" button!

Tags: Freezer Recipes, Freezer Cooking, Dump Dinners, Make Ahead, Slow Cooker, Quick

Meals, Make Ahead, One Pot, Chicken, Baking, Meals For One, Meals For Two, Easy Recipes, Slow Cooker Recipe Book, Crock Pot Recipe Book, Dump Cake Recipes, Dinner Recipes.

Book Information

File Size: 1994 KB

Print Length: 96 pages

Simultaneous Device Usage: Unlimited

Publication Date: October 23, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B0173TUDOI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #496,301 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #177

in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Casseroles #251

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Low Fat #429

in Books > Cookbooks, Food & Wine > Cooking Methods > Cooking for One or Two

Customer Reviews

Woah, this saved me a full week. I just read a few pages and had many meals in my freezer, ready to go. This is an amazing box set for those who love simplicity, and who live busy lives. Or anyone who just wants to have back up dinners planned. You make what you want, freeze it, heat it, enjoy. It's great knowing you made the product, so there is nothing too bad in them... which is not something you can say with many frozen dinners in the store.

[Download to continue reading...](#)

CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy People (crock pot dump meals, crockpot dump dinners, dump dinners) Freezer Meals BOX SET 3 IN 1: 25 Simple And Money-Saving Recipes + 20 Healthy Crockpot Freezer Meals + 16 Delicious And Healthy Freezer Meals With No Meat: ... cookbook for two, dump dinners cookbook) Dump Dinners Cookbook: Quick & Easy Dump Dinner Recipes for the Busy Home Cook (Dump Dinners, Dump Dinners Cookbook, Dump Dinner Recipes, Slow Cooker Recipes, ... Recipes, Crockpot Meals,

Meals For One) Dump Dinners: 365 Days of Quick And Easy Dump Dinners Recipes Cookbook For Busy People (Dump Cakes and Dump Dinners, Dump Dinners Cookbook,Quick Easy Meals)

Crockpot Recipes: Crockpot Recipes For Supreme Healthy Eating (Crockpot Diets, Crockpot Lifestyle, Crockpot Concept): 99+1 Crockpot Recipes to Work the ... Your Crockpot (99+1 Crockpot Series Book 3) CROCK POT: Over 1825 Crock Pot Dump Meals and Dump Dinner Recipes (Crock Pot, Dump Meals, Dump Dinners, Freezer Meals, Crock Pot Cookbook, Crock Pot Recipes, Crock Pot Chicken Recipes) Dump Dinners Cookbook: 101 Quick & Easy Dump Dinner Recipes For Busy People (Dump Dinners, Dump Dinners Diet) Slow Cooker Freezer Meals: 30 Best Tasting Slow Cooker Freezer Meals In 3 Hours: (Freezer Recipes, 365 Days of Quick & Easy, Make Ahead, Freezer Meals) ... cookbook for two, dump dinners cookbook) Pressure Cooker: Dump Dinners: Electric Pressure Cooker: Clean Eating: Box Set: The Complete Healthy And Delicious Recipes Cookbook Box Set(30+ Free Books ... Crockpot, Slow Cooker, Soup, Meals) Electric Pressure Cooker: Dump Dinners: Pressure Cooker: Clean Eating: Box Set: The Complete Healthy And Delicious Recipes Cookbook Box Set(30+ Free Books ... Crockpot, Slow Cooker, Soup, Meals) The Big Book of Dump Meals Box Set (11 in 1): Low Carb One Dish, One Pot, Slow and Pressure Cooker, Freezer and Stir-Fry Dump Meals for Stress-Free Cooking (One Pot Dump Dinners) CROCK POT: 450 Easy Crockpot Recipes (crockpot cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot freezer meals, slow cooker cookbook) The Mega Crockpot Recipes Box Set: Crockpot Recipes, Slow Cooker Recipes, Crock pot Recipes, Dump Dinner Recipes, Quick Meal Recipes: Over 300 All Time ... Recipes For You & Your family (99+1 Book 4) Vegan: Vegan Dump Dinners-Vegan Diet On A Budget (Crockpot, Quick Meals,Slowcooker,Cast Iron, Meals For One) (Slow Cooker,crockpot,vegan recipes,vegetarian ... protein,low fat,gluten free,vegan recipes) Freezer Meals: 365 Days of Quick & Easy, Make-Ahead Meals For Busy Families (Freezer Recipes, Freezer Cooking, Dump Dinners, Make Ahead, Slow Cooker) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Recipes Free) Cheap and Delicious Box Set: 31 Fast Freezer Meal Recipes For Money Saving and 33 Easy to Follow Steps For Canning, Freezing, Dehydrating your Favourite ... Delicious, cheap meals, Make Ahead Meals) Meat Recipes and Outdoor Cooking Box Set (5 in 1): Over 200 Smoking Meat, Slow Cooker Beef, Dutch Oven, Foil Packet and Jerky Recipes for True Meat Lovers (Smoker Recipes & Jerky) Crockpot Recipes: 72 All Time Favorite Crockpot Recipes for You and Family (Crockpot Recipes, Slow Cooker Recipes) PRESSURE COOKER: Dump Dinners, Clean Eating and My Spiralized Box Set: Over 100 Delicious and Healthy Recipes For You And Your Family (Pressure

Cooker, Pressure Cooker Cookbook)

[Dmca](#)